



LIVERPOOL ZEN GROUP

DOAN – INO SERVICE SHEET



BEGINNING OF SITTING:

●● Sangha stands


Teacher entry ● Midway ● At zabutan ● After incense ● Midway ● At zabutan 12x ●

BOWS 1ST bow ● 2nd bow ● 3rd bow ●● to altar ● to room ● **Sangha sits** ●●

SERVICE TO CONSIST OF 2 X ½ HOUR SITTINGS WITH 8 MINUTES KINHIN - FINISH AT EXACTLY 8.15

SERVICE


Teacher entry ● Midway ● At zabutan ● After incense ● Midway ● 12x ●

3 BOWS 1ST bow ● 2nd bow ● 3rd bow ●● to altar ● to room  **Sangha sits** ●●



(Time bells to Dennonns)   ▲ Mokugyo

INO: MAHA PRAJNA PARAMITA HEART SUTRA  (with mokugyo)

SANGHA:

Avalokitesvara Bodhisattva doing deep prajna paramita clearly saw emptiness of all the five  conditions, thus completely relieving misfortune and pain. O Shariputra, form is no other than emptiness, emptiness no other than form. Form is exactly emptiness, emptiness exactly form; sensation, conception, discrimination awareness are likewise like this.

O Shariputra, all dharmas are forms of emptiness, not born, not destroyed; not stained, not pure, without loss, without gain; so in emptiness there is no form, no sensation, conception, discrimination, awareness, no eye, ear, nose, tongue, body, mind; no colour, sound, smell, taste, touch, phenomena; no realm of sight... no realm of consciousness; no ignorance and no end to ignorance... no old age and death, and no end to old age and death; no suffering, no cause of suffering, no extinguishing, no path; no wisdom and no gain.

No gain and thus the Bodhisattva lives prajna paramita  with no hindrance in the mind, no hindrance therefore no fear, far beyond deluded thoughts; this is nirvana. All past, present and future Buddhas live prajna paramita  and therefore attain anuttara-samyak-sambodhi.

Therefore know, prajna paramita is the great mantra, the vivid mantra, the best mantra, the unsurpassable mantra; it completely clears all pain - this is the truth, not a lie. So set forth the prajna paramita mantra, set forth this mantra and say:

● GATE! GATE! PARAGATE! PARASAMGATE!
BODHI SVAHA! ● PRAJNA HEART SUTRA ▲


INO: (Dedication no 1)

In reciting the Heart Sutra, we dedicate its merits to:

● The Great Master, Shakyamuni Buddha,
the all pervading and everlasting Three Treasures ●
to the peace of the world, the peace of this sangha,
and the strength and sound practice of its members,
to the restoration of the natural world, its waters, plants and creatures
and to all efforts in its service with gratitude.

May this good karma be extended to all relations and may we realise the Buddha Way together 

SANGHA: (in gassho)

All Buddhas throughout space and time 



All Bodhisattva Mahasattvas 

Maha Prajna Paramita 

INO:

ENMEI JUKKO KANNON GYO (chant x 9 with mokugyo)

SANGHA:

 KAN ZE ON NA MU BUTSU YO BUTSU U IN YO BUTSU U EN BU PO SO EN JO RAKU GA JO CHO NEN
KAN ZE ON BO NEN KAN ZE ON NEN NEN JU SHIN KI NEN NEN FU RI SHIN  (first time only)

Ninth or last time:

 KAN ZE ON NA MU BUTSU YO BUTSU U IN YO  BUTSU U EN BU PO SO EN JO RAKU GA JO CHO NEN
 KAN ZE ON BO NEN  KAN ZE ON NEN NEN JU SHIN KI NEN NEN FU RI SHIN 

INO: (Dedication no 2)

The Buddha turns the Dharma wheel and so reality is shown in all its many forms.
He liberates all suffering beings and brings them to great joy.
We sincerely seek the beneficent guidance of the Three Treasures.

In reciting the Enmei Jukku Kannon Gyo and in offering flowers, candlelight and incense, we dedicate its merits to:

All ancestors of sangha members, the spirits of deceased inhabitants of this city and to all beings in the Dharma Worlds
*and especially to: {name of deceased}.

May the Dharma Body maintain strength and health and the years of life be lengthened for Soten Genpo, leader of White Plum Sangha; let his vows be fully realised and may he live in perfect peace with Buddha Dharma.

We especially pray for the health and well being of: **(READ SICK LIST)**
May they and their families be serene throughout all their ills and may we realise the Buddha Way together. 


SANGHA: (in gassho) (Dennons collect service sheets)

All Buddhas throughout space and time 

All Bodhisattva Mahasattvas 

Sangha stands

Maha   Prajna        Paramita

BOWS  1ST bow  2nd bow   3rd bow  Teacher bows to altar  Teacher bows to Sangha

After 3rd external bell  Sangha bows to altar After 4th external bell  Sangha bows to Sangha

Time for tea....

AT END OF DHARMA TALK - THE FOUR VOWS    (BELL ONLY ON THIRD CHANT)

INO: Let me respectfully remind you that life and death are of supreme importance. Time swiftly passes by and opportunity is lost. Let us awaken, awaken, take heed! Do not squander your life! Sitting bow

Parish notices etc...